President’s Message

Well folks, this is the last time you’ll be reading an article in THE Voice, written by me in the role of STS Saskatoon Chapter President. I can’t believe how quickly two years flew by—likely because of the never-ending support of your very committed Executive. They are a group of individuals rich in the history and culture of our organization, and they embrace change—a rare combination to find in any long-standing group! In the last two years, we have seen the introduction of new groups in our Chapter—weekly walking and dancing, occasions to play Mah Jongg, and monthly “Sew Much Fun” days have surfaced. If there is any type of group (book club, dinner club, woodworking days, photography club) that you would like, please let an Executive member know and we’ll see what we can do to make that happen. We’re all about fun and community, and groups of any kind are wonderful ways to make that happen! 

In the last year, we have been conducting a review of how many of our members want to read this newsletter in paper format and how many would like it to arrive online via email. So far, it appears that just over 90% of you want an electronic version and roughly 10% of you want to continue receiving a paper copy via Canada Post. In this edition of THE Voice, we are giving you one last chance to let us know your preference. We want to be sure that those who want a paper copy will get one.

Next year will bring us some new faces on our Executive, along with the return of some very experienced and committed ones. We’ll be saying farewell to a few of our Executive, but only from the Executive table. We know you’ll be seeing them at activities, socials and in groups sponsored by your Chapter. Have a fantastic Saskatchewan summer everyone. Take care of each other and have some fun!

Kim Newlove, President
Love to Travel!

First of all, I would like to thank Jane Isinger for her excellent overview of Travel Tips. I have a copy on my desk for reference!

Like Jane, I am also passionate about travel and have been fortunate to work in the industry for almost 10 years since ‘retirement’. For the last 8 years, George and I have been hosting trips all over the world, and yes, we are having the time of our lives!

Based on this experience I have seen a significant shift in the industry and this is mainly because of the rise of more retired and senior people travelling. September has now become the most travelled month, especially for Europe. It is true – baby boomers are still influencing lifestyle trends!

Some of the trends and recommendations based on our experiences and travel industry changes:

1. Do the big bucket list trips while you are able to enjoy the adventurous and physical aspects of the tour. For example, trips to India, South East Asia and Africa require some stamina and the ability to enjoy various modes of transportation. Think rickshaws and riding through traffic on the back of a vespa at night—a highlight of the trip!

2. This boomer generation is independent and adventurous and many travel companies are adding tours that offer a blend of guided and independent time along with a choice of historical, cultural, and leisure activities. Travellers now have a choice as to how much independence they want and the company you choose should reflect that.

3. River Cruises have become very popular and after experiencing a few, we are all on board! There are many companies that are adding off boat tour choices and equipment such as bikes and e-bikes for their clients. The beauty of these cruises is that you only have to unpack once and they generally accommodate a smaller number of people. Also, the food and beverages reflect the culture of the area you are visiting and are typically first class.

4. Places like Croatia, Eastern Europe, and Russia are trending and there has never been a better time to explore these destinations, either by land or cruise. The Croatia cruise on the Adriatic is spectacular.

5. Ireland, Iceland and Italy are some of the top sellers right now. Enough said – beautiful countries!

6. Consider multi-generational trips. There is nothing better than travelling with your family. These memories last a lifetime! Cruises are perfect for all age groups. We did the Alaska cruise with 22 family members from 8 – 82. Too much fun! The use of the internet has provided an excellent source of research into travel companies and possibilities. My advice is to start there but do consult a professional travel advisor to check out the company. There are many companies that offer good value for your money. Most of the major travel companies should not cost you any more to book through an agent and then you have someone in your corner in case you need assistance.

“Blessed are the curious for they shall have adventures.”

Lovelle Drachman

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“Blessed are the curious for they shall have adventures.”

Lovelle Drachman
Soon many superannuates who vacation in warmer climates will be returning home to our beautiful province of Saskatchewan. Green grass, warmer temperatures and much appreciated sunshine will greet them and those of us who endured the coldest Saskatchewan February in many years.

Our Chapter meeting in February with guests Fred Herron, STS Executive Secretary, and Mary, a Travel Plan Expert from Saskatchewan Blue Cross, was well attended. Much information was shared, and many questions were answered. Travel Benefits are included in the STS Extended Health Plan: “In the event of accident or unexpected illness occurring outside province of residence, reasonable and customary charges will be paid for expenses at 100% up to 65 days per trip with a lifetime maximum of $5 million dollars.” You may travel out of province for as many 65 day trips as you would like provided that you note the travel exclusions and limitations that are part of this coverage. If you have questions about your coverage, please contact the STS Office at 306-373-3879 or sts@sts.sk.ca. Know your health, and know your plan coverage!

We are also hearing many comments from politicians in the media as we anticipate both federal and provincial elections. Make certain that you ask all politicians what they plan to do to assist seniors in Canada and in our province.

The STS Annual General Meeting will be held on May 14 to 16, 2019 in Saskatoon. Resolutions will be presented and voted upon by Delegates from our 42 Chapters. This is the forum for changes to be discussed and made to improve the services provided by our organization. Please check the March/April, 2019 issue of OUTREACH (our provincial newsletter) for the resolutions that will be dealt with. Eight of those resolutions have been submitted from Saskatoon Chapter members and Executive. As always, our Committee is open to any suggestions for resolutions from our Chapter members. We can assist with wording if necessary.

Wishing each of you a happy springtime and summer!

Randy Danyliw: randydanyliw@shaw.ca
Margaret Martin: bill.marg@sasktel.net

Telephone Committee

Our eleven telephoning committee phoners continue to do an awesome job keeping those sixty retirees who do not have email addresses, informed about all our upcoming events, monthly. If you are a retiree in this category (no email) who would like to be phoned about our events each month, please call one of our co-chairs:

Lois Pyne @306-978-8248
Leslie Sichello@ 306-477-2839

Then you will be added to our phoning tree.
It’s truly an uplifting tree of happiness when we keep in touch, as calls go out and come in.

COMING SOON!

Mature Driver Refresher Course (55-Alive)

(2-Day Course)
October 16 & 17, 2019

More details in the Fall issue of THE Voice.
Jane Isinger

The following is an excerpt taken from Jane’s March 2019 Liaison Report to the Saskatoon Executive.

As of March 11, 2019, the STS has 11,573 members. The Extended Health and Dental Plans have an enrollment of 7,910 members. An STS Benefits Handbook has been developed to reflect the new agreement and is available at the STS Office or on the website: www.sts.sk.ca/group-benefits/.

Outreach is a publication of the Superannuated Teachers of Saskatchewan. Submissions for Outreach are requested for “Spotlight on Superannuates” and “Superannuates Make a Difference.” Members are encouraged to read Outreach online at www.sts.sk.ca/forms-and-publications/outreach/. Currently 1812 members receive their issue online.

ACER-CART continues to focus on the following with the number one priority for 2018-2019 to participate in the 2019 Federal election with other like-minded groups. The three priority issues for the 2019 Federal election are a universal pharmacare program, national health care strategy for seniors, and pensions and retirement security.

ACER-CART has posted petition e-2039 on the House of Commons petition site encouraging government to increase the security of retirement income. This petition asks government to affirm the principle that pension promises cannot be broken for any service that has been earned. It also asks government to protect the pensions of retirees by providing an insurance plan, paid for by pension plans, that would guarantee the benefits of retirees if their plan closes.

The McDowell Foundation Board Meeting was held on January 31, 2019, followed by Learning from Practice on February 1. The 2017-2018 research projects that were funded by the McDowell Foundation were presented at Learning from Practice.

Advocacy

Changes to Portaplan: The STS will be writing a letter to STF Member Services expressing concerns about both the changes and the process; and that we strongly support maintenance of the status quo for all members who purchased Portaplan prior to 2017.

STF’s “Tell Him Tuesday Initiative”: The STS will be writing a letter to the Minister of Education expressing concerns regarding how changes in the education system are impacting teachers and students.

The STS AGM will be held in Saskatoon, May 14-16. Nineteen resolutions have been submitted. Nominations for the Provincial Executive can be submitted until 4:00 pm on the May 14. Members are encouraged to submit their names as soon as possible so that their information can be included in the booklet.

Provincial Honourary Life Memberships will be awarded to the following: Calvin Bachmeier, Maple Creek/Medicine Hat; Elaine Broughton, Saskatoon; Doug Haroldson, Maple Creek/Medicine Hat; Robert Wuschenny, Regina.

Congratulations

Elaine Broughton

2019 Provincial STS Honourary Life Member
Cards for Members

The Card Committee sends out cards (both electronic and regular mail) to our Chapter members who are celebrating a milestone birthday or anniversary. We also send out Sympathy, Thinking of You (illness/treatments, recovery/caregiver), Thank You (for speakers or presenters), and Congratulatory cards to members who have achieved recognition for an achievement.

When you call or email to request a card, please include a brief explanation related to your request, so the card can be personalized as much as possible. If you request an e-card, please include the email address of the person who is to receive the card. In some cases, where an illness/recovery may be prolonged, you may wish to contact the committee more than once to request another card be sent.

Cheers and good wishes to you.

Contact:
Elaine Broughton  
ebroughton@sasktel.net  
306-242-320

Marie Grimsen  
ggrimsen@sasktel.net  
306-244-2454

STS Saskatoon Chapter  
Deposit Spa $27.50  
Register with Lyle Markowski at 306-934-7043 or email: lylemark@sasktel.net

STS Provincial Mah Jongg will be in Saskatoon...
Date: Thursday, May 9
Where: STF Building - Eamer Auditorium
Time: 9:30 - 3:30 pm
Hosted by: Saskatoon Chapter
Cost: $20
Contact: Darlene Danyliw  
Email: darlene.danyliw@shaw.ca
Registration Form found on the STS website: www.sts.sk.ca
*Pre-register by: April 29, 2019

Note: If you’d like to help at the Tournament contact Darlene.

Visitation
Co-Chairs: Pat Orchard and Gladys Somerville
“We rise up by lifting others.”  – Robert Ingersoll.

During 2018-2019, 16 volunteers made visits to superannuates who are confined to their homes, care homes or to one of the hospitals. Friendly conversations have resulted in happily reminiscing about past years.

Many thanks to our:
Home Visitors: Bill Bender, Carol Dean, Lorraine Friesen, Gerry Hoehn, Elaine Panchuk, Esther Molina, Pat Orchard, Carol Shanner, Stella Shulhan, Gladys Somerville, Corinne Sturby, Norma Wilson, Rose Yaworki.
Hospital Visitors: Aldean Glass - City Hospital
Joyce Kimber Parent - Royal University Hospital
Brenda Olson - St Paul’s Hospital

This year, special recognition is given to Aldean Glass for 20 years of service as a volunteer visitor.

If you would like to be a volunteer visitor OR if you know someone who would appreciate a visitor, please contact:
Pat Orchard: pattymel@sasktel.net or 306-373-9905
Gladys Somerville: gosomer@sasktel.net or 306-242-6668

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Contact:
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ebroughton@sasktel.net  
306-242-320

Marie Grimsen  
ggrimsen@sasktel.net  
306-244-2454

Register with Lyle Markowski at 306-934-7043 or email: lylemark@sasktel.net

BRUNCH with the BUNCH
Wednesday, September 11, 2019
10:00 am
Western Development Museum
Tickets available in early June from:
Irma Kittelson - ijkitt@sasktel.net or 306-934-0881
Eileen Deneiko - eileen.deneiko@sasktel.net or 306-477-0989
Cost: $15
Activities

STS Walking Group
The STS Walking Group is getting around. Walking is at 9 a.m., Mondays. Register with Loretta (metzgerl@shaw.ca)

STS Line Dance Group
STS members and friends are kicking up their heels...
When: Thursdays
Time: 2:00-4:00 pm
Nutana Legion - 3021 Louise Street
Cost: $4 ($3 Legion Rental - $1 for Teresa)
Teresa Nadeau is our instructor. Register with Loretta at 306-382-6769 or email message at metzgerl@shaw.ca

STS Spring Tea
Date: May 2, 2019
Cost: $18
Tickets available from available from Karen Hanson at 306-931-2948 or Loretta Metzger at metzgerl@shaw.ca or 306-382-6769

New Interests & Activities

Something for everyone. Our STS Chapter knows there are other activities our members would like to do on a weekly/monthly basis—book club, crafts, mah jongg, monopoly, movies. If you would like to plan/host a group, weekly/monthly let Activities know and we’ll get the word out.

New groups this year...

STS WALKING GROUP
These boots keep walking. While the winter forced us indoors for awhile, we are back to enjoying the great outdoors. The STS Walking Group meets Monday mornings to walk and of course stop for coffee. Contact Loretta at metzgerl@shaw.ca to see where our next walk will be.

STS CHRISTMAS CAROLLERS
See you in September. If you’d like to sing outside the shower, the STS Christmas Carollers may be of interest to you. Music director and singers are needed. Contact Lis at ehbaldogmail.com

NASCAR Racing with Dan Shirley
Date: May 2019
Cost: TBA
Where: Wyant Group Raceway
What: Ever wondered what it would be like to race a NASCAR? Experience racing with our very own Dan Shirley. Register with Darlene at 306-249-4494 or email: darlene.danyliw@shaw.ca

U of S Rooftop Gardens
Date: June 2019
Cost: TBA
Register with Darlene at 306-249-4494 or email: darlene.danyliw@shaw.ca

STS Fall Texas Scramble Golf
Date: September 10, 2019
Cost: $27.50
Where: Greenbryre Golf Course
Register with Lyle Markowski at 306-371-2761 or email: lylemark@sasktel.net

STS LINE DANCING GROUP
We’ve been kicking up our heels and having some some boot scootin’ boogie fun! Teresa Nadeau has been teaching us the moves on Thursday afternoons at the Nutana Legion. The cost is only $4.00/person/class. Contact Loretta at metzgerl@shaw.ca to see when our next dance session will be.

STS - SEW MUCH FUN
After participating in the Provincial Stitch ‘N Quilt last October, several members got together to start our very own “Stitching” Group - Sew Much Fun. The first project in February, was a Tulip Table Topper with Jean Berndt. This was followed by Rope Bowls in March with Trish Thurgood-York. Contact Kim at newlove.kim@shaw.ca sew/so you can join the next class.
2019 STS Meeting Dates & Chapter Events

Executive Meetings take place at 9:30 a.m. on the first Wednesday of each month. Chapter Events occur on the third Wednesday of each month.

May 2019
May 1 – Executive Meeting
9:30 – 11:30 a.m. Finalize Budget
Catered Luncheon for all 2019 AGM Delegates
11:30 a.m. Pre-AGM Meeting
May 9 – Provincial Mah Jongg Tournament
Eamer Auditorium
May 14-16 – Provincial STS AGM (Travelodge)
May 23 (Thursday)
12:00 pm AGM Delegate Follow-up/De-brief
1:30 pm Elections & Chapter Event:
Saskatchewan Senior’s Mechanism:
Lobbying for Senior’s - Advocating for You

June 2019
June 5 – Executive Meeting
June 12 – Noon - June Banquet & Awards at WDM

September 2019
September 4 – Executive Meeting
September 11 - 10:00 a.m.
Brunch with the Bunch at the WDM

October 2019
October 2 – Executive Meeting
October 23 – 7:00-9:00 pm Fall Social
with entertainment by “Spectacle”

Chapter Events take place in
Eamer Auditorium, STF Building
unless otherwise noted.
There is no admission charge.
Friends and family are welcome at all Chapter Events.
Banquets are held at the Western Development Museum.
Tickets for Banquets can be purchased from members of the Executive.

Congratulations
Chapter Scholarship Winner

Jade Hupe was presented with the 2019 STS Saskatoon Chapter Scholarship at the U of S College of Education Awards Celebration, January 19, 2019 at Prairieland Park. Jade is majoring in English Language Arts with a minor in Modern Languages.

Interested in Serving on your Executive?
Contact Loretta Metzger - metzgerl@shaw.ca
Kim Newlove - newlove.kim@shaw.ca or
Eileen Deneiko - eileen.deneiko@sasktel.net

The Editor’s Desk

Editor: Darlene Danyliw
Assistant Editor: Ardelle Chicilo
We welcome your submissions...
2019 Deadlines for submissions to The Voice:
Fall Issue – June 28, 2019
Winter Issue — November 30, 2019
Send to: stsvoiceeditor@gmail.com

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If you are currently receiving THE Voice by regular mail, would you consider receiving a link to the electronic newsletter instead? Please let Irma know to make this change by emailing: ijkitt@sasktel.net.
**2018-2019 STS – Saskatoon Chapter Executive**

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<th>Position</th>
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<tr>
<td>President</td>
<td>Kim Newlove</td>
<td>306-374-1149</td>
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<tr>
<td>Past President</td>
<td>Loretta Metzger</td>
<td>306-382-6769</td>
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<td>Vice President</td>
<td>Eileen Deneiko</td>
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<td>Secretary</td>
<td>Diane Ellis</td>
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<td>Secretary Assistant</td>
<td>Shirley Henderson</td>
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<td>Treasurer</td>
<td>Judy Pidskalny</td>
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<td>Assistant Treasurer</td>
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<td>Registration</td>
<td>Co-Chair</td>
<td>Diane Selby 306-373-0080</td>
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<td>Joan Hickie 306-373-0385</td>
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<td>Social</td>
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<td>Cecile Martell 306-934-5849</td>
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<td>Corinne Sturby 306-955-9008</td>
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<td>Special Occasions Committee</td>
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<td>Linda Ashley 306-955-2498</td>
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<td>Gillian Thompson-Black 306-477-1310</td>
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<td>Leslie Sichello 306-477-2839</td>
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<td>Lois Pyne 306-978-8248</td>
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<td>Sadie Urban</td>
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<td>Phyllis Wilson</td>
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<td>Freda Robinson</td>
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<td>Peter Stroh</td>
<td>306-374-3543</td>
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<td>PR/Advocacy/Resolutions</td>
<td>Margaret Martin</td>
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<td>Randy Danyliw</td>
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**Standing Committees**

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**Provincial Executive Members from Saskatoon Chapter:**

- Members At Large: Jane Isinger & Lyle Markowski
- Executive Secretary: Fred Herron 306-373-3879
- STS Office: Colleen Bailey 306-373-3879
- Health Care: Heather Hase 306-373-3879
- MJ Kripps 306-373-3879

**Website/Mail Labeling:** Irma Kittelson 306-934-0881

**Registration**

- Co-Chair: Diane Selby 306-373-0080
- Co-Chair: Joan Hickie 306-373-0385

**Social**

- Co-Chair: Cecile Martell 306-934-5849
- Co-Chair: Corinne Sturby 306-955-9008

**Special Occasions Committee**

- Co-chair: Linda Ashley 306-955-2498
- Co-chair: Gillian Thompson-Black 306-477-1310

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- Co-Chair: Lois Pyne 306-978-8248

**The Voice Editor**

- Darlene Danyliw 306-249-4494
- The Assistant Editor: Ardelle Chicilo 306-649-2858

**Visiting Co-Chair**

- Pat Orchard 306-373-9905
- Gladys Somerville 306-242-6668

**Website/Mail Labeling**

- Irma Kittelson 306-934-0881

**Ad Hoc Editorial Committee:**

- Margaret Martin, Irma Kittelson, Eileen Deneiko

**To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact Irma @ 306-934-0881.**

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**Disclaimer of Content**

All reports in *THE Voice*, excluding Executive reports, represent the information and opinions of the authors and not necessarily those of the STS Saskatoon Chapter.

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