

## President's Message



Greetings to you all! I hope you have had a wonderful summer.

A hearty welcome to all new superannuates and retirees. The life of a retiree is exhilarating – once you get used to the idea of truly being retired! Hopefully you will consider becoming involved in your STS Chapter. Your energy

and expertise is important for us to grow as an active and engaging organization.

A few years ago a friend of mine asked me if I was concerned or interested about my life as a retiree. She said one good way to be involved in the direction and welfare of retirees was to join the STS Saskatoon Chapter Executive. I would encourage you to do the same.

As the new President of the Saskatoon Chapter, I will do my best to further the goals, objectives and mandate of our worthwhile organization. The Saskatoon Chapter Executive consists of 34 dedicated, hardworking people who volunteer their time, energy and expertise to ensure our Chapter thrives while enhancing the lives of all members. We also have two members who serve on the Provincial Executive.

The Saskatoon Chapter can only be effective if we are serving the needs of our 2376 members (June 3, 2015). Good communication is essential. Through our website <http://www.stf.sk.ca/saskatoon/index.htm> and our newsletter, *The Voice*, we will do our best to provide you with current information on all of our activities and programs. The email and telephoning committees are to be congratulated on accomplishing this for us. Please submit your ideas and suggestions to anyone on our 2015-16 Executive. A complete list appears on the back page of this publication. You may also email us at [sts.saskatoon@gmail.com](mailto:sts.saskatoon@gmail.com).

The Provincial STS Annual General Meeting was held at the Saskatoon Travelodge on May 12-14, 2015. Our Chapter had 41 delegates attending. Resolutions passed at the AGM will be dealt with at the provincial level. Many of the resolutions passed originated in the Saskatoon Chapter. Many thanks to all of our delegates and particularly to our Past President, Jane Isinger, and Resolutions Committee, Margaret Martin and Randy Danyliw for their leadership. We will continue to support ideas and initiatives designed to improve the welfare of superannuates. The provincial newsletter, *Outreach*, has a complete list of the resolutions in the May-June edition [www.sts.sk.ca/publications/PDFs/outreach/outreach\\_37\\_5.pdf](http://www.sts.sk.ca/publications/PDFs/outreach/outreach_37_5.pdf).

The Saskatoon Chapter STS June Luncheon was held June 10, 2015. Over 150 members enjoyed good food and friendly conversations with friends. Several members of the Telephoning and Visiting Committees were given certificates for milestone years of service. A Special Service Award was presented to Annabeth Delorme. This wonderful woman has been an amazing receptionist at the STF building for fifty-two years! Congratulations!

A welcome was given to new members of the 2015-16 Executive, Bonnie Semenoff, Darlene Danyliw, Eileen Deneiko and Roland Nordick. A farewell for dedicated service was extended to Irma Byblow, Judy Luciuk, Peggy Proctor, Bernice Shindelka, Daryl Nordick and George Georget.

Thanks to all of the hard working Executive members of the Saskatoon STS Chapter. Your dedication is greatly appreciated.

Please continue to be informed and involved in Chapter meetings and activities. They are fun and informative. Do not hesitate to contact me if you have questions or comments, particularly positive ones!

Keep smiling! I hope you have had a relaxing and invigorating summer.

Diane Selby

# How well do you know your Travel Benefits?

By Mary Szunyik, Senior Claims Specialist at Saskatchewan Blue Cross

Your Superannuated Teachers of Saskatchewan (STS) Employer Plan includes the following coverage for travel outside province of residence and outside of Canada:

- Up to \$5 million in emergency medical coverage.
- Common benefits include hospital services, licensed physician charges, prescription drugs, ambulance services, post-emergency evacuation, meals and accommodation, vehicle return.
- You are covered for 65 days per trip including the date of departure from your province of residence.
- You may take an unlimited number of trips per year.
- A three (3) month pre-existing condition clause applies.

## Emergency Medical Care

Coverage is limited to emergency medical expenses incurred by a covered person as a result of a sudden illness or accident that occurs outside your province of residence.

Emergency medical coverage does not include medical services for elective, non-emergency, ongoing or follow-up treatment.

## Pre-existing Conditions

A pre-existing condition is a medical condition to which at least one of the following applies to the covered person: consulted a physician, was hospitalized, received treatment or was advised to do so, was prescribed new medication or a change in dosage, or experienced symptoms that required medical investigation.

Pre-existing conditions are covered provided the covered person's condition is stable and/or has been controlled by consistent treatment with prescribed medication for the three months immediately preceding the day of departure, and medical attention is not reasonably anticipated during the travel period. To be considered stable a condition must not have required medical investigation, diagnosis, treatment or hospitalization in the three months immediately preceding the departure date. Routine checkups with no change in medication or treatment are not considered medical investigation, diagnosis or treatment, so they will not affect your coverage.

## Trips That Last More Than 65 Days

For trips exceeding 65 days, it is your responsibility to purchase top-up insurance. Remember that coverage under a top-up policy is not an extension of your STS travel benefits. The benefits and exclusions (including the pre-existing condition clause) may differ, so be sure you understand your top-up policy.

For peace of mind while you are away, it is beneficial to know your health and the type of trip you are taking, and how that information relates to your STS travel benefits.

**For help understanding your benefits, contact us by phone at 306-244-1192 or 1-800-667-6853, or by email via [http://www.sk.bluecross.ca/about\\_us/contact/](http://www.sk.bluecross.ca/about_us/contact/).**

## Visiting Committee 2014-15



**Visiting Committee - L to R:** Corinne Sturby, Bill Bender, Pat Orchard (Visiting Co-Chair), Joan Caruk, Gladys Somerville, Elaine Panchuk, Esther Molina, Stella Shulhan (Visiting Co-Chair), Rose Yaworski  
**Missing:** Aldean Glass, Joyce Kimber Parent, Lorraine Friesen, Norma Wilson, Marie Hammer, Gerry Hoehn

# Visiting Committee



Every year, caring volunteers visit shut-ins in their homes or they visit hospitals and other facilities. During 2014-15, eleven volunteers made home visits and three volunteers visited hospitals. In recognition and appreciation of "milestone" visitors, certificates for five years of service were presented at the luncheon on June 10th, 2015.

## The honoured visitors were:

Joan Caruk, Gerry Hoehn, Esther Molina (St. Paul's Hospital), and Elaine Panchuk

Thanks to all of the volunteer visitors. Your visits have brightened many days.

Stella Shulhan will no longer be a Visiting Co-Chair as she will be Archives Chair, assuming responsibility for the maintenance of the Saskatoon Chapter archives. Stella's dedication, her caring ways and her contributions as Visiting Co-Chair have been appreciated, and she will be greatly missed. However, we know that she will be available for guidance and assistance. Thanks, Stella.

Welcome to Gladys Somerville. She will be a very capable Visiting Co-Chair.

Mayo Clinic states that the biggest benefit of volunteering is "the inner satisfaction you receive from making a difference in another's life." This statement not only applies to the visiting volunteer but also to the shut-in who is being visited.

Your offer of friendship would be welcomed!

If you know of someone who would like to be visited, or if you would like to be a visitor, we would certainly like to hear from you.

Please feel free to contact us.

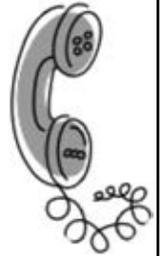
## Visiting Committee Co-Chairs 2015-16:

Pat Orchard 306-373-9905

Gladys Somerville 306-242-6668

# Telephoning Committee

*"You give but little when you give of your possessions. It is when you give of yourself that you truly give."* Khalil Gibran



Thank you to all our callers and captains for the year 2014-15. We trust your year has been rewarding. You are a very important and necessary part of our retired teachers' group. Special certificates of appreciation were presented to five members of the telephoning committee at the June luncheon. Receiving special recognition certificates were Marie Grimsen, Rose Marie MacKenzie, and Freda Robinson, all for 10 years of phoning, and Jan Coleman was recognized for one year as a new caller. We also recognized and would especially like to thank Theresa Morin who is stepping down from the committee after eight years of telephoning.

We had a successful year of fun keeping everyone up to date with our happenings. Fall brings new faces, new friends and more activities. We always need volunteers. If you'd like to assist with a few calls per month to your retired colleagues let us know. Together, our committee makes about 100 calls per month to retirees who don't have email. Visiting on the phone is a rewarding experience. Thanks to all who help out. By the time you receive this Lois or Leslie will have contacted and welcomed the many new June 2015 superannuates to our Chapter. We look forward to meeting you at some or all of our events.

## Telephoning Co-Chairs 2015-16:

Lois Pyne 306-978-8248 and Leslie Sichello 306-477-2839

## Telephoning Committee 2014-15



L to R: Freda Robinson, Lois Pyne (Co-Chair), Fran Gordon, Paulette Andrieu

# Resolutions/Public Relations/ Advocacy Report

Margaret Martin

Welcome to the new and current members of the Superannuated Teachers of Saskatchewan-Saskatoon Chapter as we begin the 2015-16 year! Another Saskatchewan summer is turning into autumn, and the glorious colours that we enjoy will soon be all around us. We hope that all of our members have enjoyed a summer relaxing with family and friends.

As we begin another year we also think ahead regarding resolutions that members may want to submit to the Saskatoon Chapter and ultimately to the STS Provincial Executive for consideration at the 2016 AGM. Please submit any ideas for resolutions to either Randy Danyliw (randydanyliw@shaw.ca) or Margaret Martin (bill.marg@sasktel.net). We will assist with the wording if needed. We would like to have all of our resolutions completed before Christmas 2015, if possible.

It is important to note that the premiums members of the STS Group Benefits Plan pay at the present time are in place until June 30, 2018. At the 2015 STS AGM, resolutions were passed asking the STS Provincial Executive to investigate some changes to the Group Benefits Plan. These will be considered by the STS Group Benefits Committee and the STS Executive. They may be incorporated into the Plan if and when it is financially possible and the resolution fits

within the contract with Saskatchewan Blue Cross. If you are a member of the STS Extended Health including Travel and/or Dental Plan and have questions about the Plan, please contact Colleen Bailey or Heather Hase at the STS Office by telephone (306)373-3879 or by e-mail sts@sts.sk.ca.

A reminder, too, that if you are a member of the STS Group Benefits Plan but return to teach with a temporary **full or part time contract**, please contact the STS Office to suspend your STS Group Benefits Plan until your contract has expired so you are not paying STS premiums while you are covered by the STF Plan.

Please note that any changes to the premiums you pay for the STS Extended Health Plan after age 65 **will only be applied if you send a copy of the letter indicating you are eligible for benefits under the Saskatchewan Seniors Drug Plan to the STS Office**. If you are nearing your 65th birthday, apply for coverage under the Saskatchewan Seniors Drug Plan by filling out the form that will be sent to you. If you did not receive this form, please ask your pharmacist for a copy.

Have a great year!



## STS Saskatoon Chapter Executive 2015-16

**Front Row (L – R):** Loretta Metzger, Phyllis Wilson, Jane Isinger, Diane Selby, Bev Pacholik, Bonnie Semenoff, Stella Shulhan

**2nd Row (L – R):** Peter Stroh, Irma Kittelson, Carol Shanner, Gladys Somerville, Elaine Broughton, Freda Robinson, Darlene Danyliw, Donna McTavish, Linda Ashley, Marie Grimsen

**Back Row (L – R):** Pat Orchard, Corinne Sturby, Lois Pyne, Joan Caruk, Bill Meger, Margaret Martin, Randy Danyliw, Donna Rolston, Eileen Deneiko.

**Missing:** Karen Cymbalisky, Fred Herron, Susan Livingstone, Jocelyne Lorette, Cecile Martell, Roland Nordick, Judy Pidskalny, Leslie Sichello

# Activities

Co-Chairs: Bill Meger and Darlene Danyliw

## STS Activities for 2015-16

Contact **Darlene** at 306-249-4494 or darlene.danyliw@shaw.ca or **Bill** at 306-249-4494 or wmegeer@sasktel.net if you are interested in any of the following activities:

**September 16, Wednesday** – Golf & Burgers – 9:00 a.m. – Silverwood Golf Course. Noon Luncheon - 571 Adilman Drive Contact Bill by September 4 to register. Cost TBA.

**September 22, Tuesday** – Bocce Ball & Potluck – 2:30 p.m. – Ernest Lindner Park next to Father Robinson School. Potluck 350 Mulcaster Crt. Contact Darlene by September 18 to register.

**October 16, Friday** – Loraas Recycle Education Centre Tour – 1:30 p.m. at 805 47th Street East. Contact Bill or Darlene by October 9 to register.

**November 6, Friday** – Jewelry Making with Marj Meger – 1:00 p.m. 571 Adilman Drive. Contact Bill or Darlene to register. Cost TBA.

**January 5, Tuesday** – Movie afternoon & coffee – TBA Contact Darlene or Bill for movie, time & place.

**January 26, Tuesday** – Delta Bessborough Tour/Ukrainian Museum/ Supper at the Park Town Hotel – 1:30 pm – 601 Spadina Cr, 910 Spadina Cr E and 924 Spadina Cr E. Contact Bill by January 18 to register.

**February** – No activity will be held this month.

**March 15, Tuesday** – Luncheon & U of S Tours – Time/ places TBA pending confirmation.

**April** – Hypertufa Pots – (Cost, Date & Time TBA) – What is Hypertufa? Go to this website to find out: <http://www.lowes.com/creative-ideas/woodworking-and-crafts/make-hypertufa-pots/project>

**May 3, Tuesday** – STS Tea – Solar Gardens – 2:00 pm. Corner of Highway 60 (Pike Lake Highway) and Windmill Road. Tickets will be available in the spring.

All suggestions are welcome.

## Welcome Breakfast

All Saints Ukrainian Orthodox Church  
2616 Louise Street

September 9, 2015 - 9:30 a.m.

Tickets: \$5.00

(No cost to new STS members)



## Golf Tournament Fall Texas Scramble

Where: Silverwood Golf Course  
When: Wednesday, September 16, 2015  
Entry Fee: \$15 plus Green Fees  
Deadline: Friday, September 11

This tournament will be held on a Par 3 Course. It will be a Medal Play format with a Ladies' and Men's division. We will play 18 holes, but can hold a Nine Hole Tournament if enough request it.

**BBQ to follow ... 571 Adilman Drive**

Contact: Bill Meger at 306-249-1329  
or email wmegeer@sasktel.net

## Spring Texas Scramble

Bill Meger

Twenty-seven golfers participated in a fun Texas scramble on Monday, June 15, at Greenbryre Golf Course. It was the first time a Ladies only division was held. This new trend was a positive step, and hopefully it will continue at the fall golf tournament to be held at Silverwood Golf Club on September 16.

### Results of the Spring Texas Scramble at Greenbryre:

- Top Team Ladies Division: Bev Pacholik, Fran Langevin, Lucie Altman, Donna Rolston.
- Top Team Men's Division: Peter Rolston, Bill Martin, Dennis Kittelson, Jim Lorette.
- Women's Long Drive: Lyn Carduner
- Men's Long Drive: Don Mansfield
- Women's Closest to the Pin: Peggy Proctor
- Men's Closest to the Pin: none landed on the Green

# STS Service Award



At the June banquet, **Annabeth Delorme** was presented with an STS Special Service Award by HLM/Member Recognition Co-Chairs Phyllis Wilson (L) and Peter Stroh (R).

# Card Committee

Contact those named below if you know of a Saskatoon Chapter member who would benefit from receiving a card for a milestone event, or to show caring, sympathy, thanks, or wishes for recovery. Electronic cards are also available (recipient's email address needed).

Contact: **Bev Pacholik**  
 bpacholik@shaw.ca  
 306-978-7155

**Marie Grimsen**  
 gggrimsen@sasktel.net  
 306-244-2454



# We are on Facebook!

Look for:

**Superannuated Teachers of Saskatchewan  
 Saskatoon Chapter Activities**



# Future meeting dates for 2015-16 ... MARK YOUR CALENDARS

All Chapter meetings and evening socials will be held at the STF Building (no admission charge, friends and family are welcome).

Luncheons are held at the Western Development Museum. These tickets can be purchased from members of the Executive at:

- Welcome Breakfast & Evening Socials
- Chapter Meetings
- Provincial STS Office (TCU building - back door) from 9 a.m. to noon

- September 9, 2015 - 9:30 a.m.** . . . Welcome Breakfast
- October 21, 2015 - 7:00 p.m.** . . . Wine and Cheese Social
- November 18, 2015 - 1:30 p.m.** . . Chapter Meeting and Program
- December 9, 2015 - 11:00 a.m.** . . Christmas Luncheon and Arts/Craft Sale
- January 2016** . . . . . No Chapter Meeting
- February 17, 2016 - 1:30 p.m.** . . Chapter Meeting and Program
- March 16, 2016 - 1:30 p.m.** . . . . Chapter Meeting and Program
- April 20, 2016 - 7:00 p.m.** . . . . . Wine and Cheese Social
- May 18, 2016 - 1:30 p.m.** . . . . . Chapter Meeting & Elections
- June 8, 2016 - Noon** . . . . . June Luncheon

If not sold out, the Christmas Luncheon tickets can also be purchased December 2 and 3 from Irma Kittelson – call 306-934-0881.

All STS Events and Meetings are Scent Free!



**Mark  
 This  
 DATE!**



**Nutana Curling Club**

Whether you have never curled before or are looking to get back into it, the Nutana Curling Club has a league for you

**The Pioneer League**

- Wednesdays at 10am
- Register for full (\$180) or half year (\$100)
- Conventional or Stick Curling is welcome
- Free instruction at the beginning of the year
- No team required! Enter as an individual!



For information on all our leagues, please visit [www.nutanacurlingclub.ca](http://www.nutanacurlingclub.ca), or call 306.374.242



# Fall Social

7 pm on October 21, 2015  
STF Eamer Auditorium

**Entertainment: No Hurry**

- acoustic guitars
- tight vocal harmonies
- easy listening

Bring a friend or two • Cash bar  
No cover charge!



**THE WORD ON THE STREET**

SASKATOON BOOK & MAGAZINE FESTIVAL

**Sunday September 20, 2015**

to volunteer contact  
[saskadmin@thewordonthestreet.ca](mailto:saskadmin@thewordonthestreet.ca)

check our chapter website for information  
<http://www.sts.sk.ca/saskatoon/index.htm>

**STS SASKATOON**

**CHRISTMAS BANQUET**

**WDM Dec. 9, 2015**

Tickets \$20  
..... from all  
Exec members,  
STS Prov. office  
(9-noon) or at  
regular meetings -  
Oct 21 - Social 7pm  
Nov 18- 1:30 STF

Craft sale and Social 11 a.m.  
Banquet 12:30 p.m.

Purchase Deadline Dec. 3  
Reserved seating call 306-934-0881  
**SCENT FREE EVENT !!**

## Superannated Teachers of Saskatchewan 2015 Provincial Curling Bonspiel

November 2, 3 & 4, 2015

Hosted by:  
The Battlefords and District  
Chapter of the STS



Northland Power Curling Centre  
#2-623 Carlton Trail, North Battleford

Minimum of 16 rinks – Guaranteed 4 games  
Entry Fee: \$200.00 per rink

**Deadline to enter:** October 13, 2015

Make cheques or money orders payable to:  
**Battleford and District Chapter, STS**

Forward registration (in the *Outreach*) and fees to:  
Bob Krismer  
10702 Meighen Crescent  
North Battleford, Saskatchewan, S9A 3L1

For more information, please contact:  
Bob Krismer – 306-445-8267 or [argkay@gmail.com](mailto:argkay@gmail.com)  
Carol Stevenot – 306-937-3892 or 306-481-5345

**SEE YOU THERE!!!**

## Reminder:



### STS Artists and Crafters

Will be setting up tables and selling their work at our  
**6th Annual Sale** at the Christmas Luncheon

December 9, 2015  
at the WDM  
11:00 a.m. – 12:30 p.m. & 2 - 3 p.m.

Take advantage of this opportunity to do some of your  
Christmas shopping here.

## ATTENTION:

### Address Change – STS Provincial Office

Our new address as of December 1, 2014  
is in the TCU Financial building:

**2311 Arlington Avenue • Saskatoon SK S7J 2H8**  
Phone: 306-373-3879

## 2015-16 Saskatoon STS Chapter Executive

President	Diane Selby	306-373-0080
Past President	Jane Isinger	306-933-2927
First Vice President	Loretta Metzger	306-382-6769
Second Vice President	TBA	
Secretary	Joan Caruk	306-384-6321
Secretary Assistant	Eileen Deneiko	306-477-0989
Treasurer	Judy Pidskalny	306-955-0026
Treasurer Assistant	Donna McTavish	306-373-1666

### Standing Committees

Activities Co-Chair	Bill Meger	306-249-1329
Activities Co-Chair	Darlene Danyliw	306-249-4494
Archives	Stella Shulhan	306-242-9411
Cards Co-Chair	Marie Grimsen	306-244-2454
Cards Co-Chair	Bev Pacholik	306-978-7155
Email Co-Chair	Bonnie Semenoff	306-931-1196
Email Co-Chair	Roland Nordick	306-934-4948
Member Recognition	Jane Isinger	306-933-2927
Member Recognition	Phyllis Wilson	306-979-0684
Membership/Directory Co-Chair	Carol Shanner	306-374-8415
Co-Chair	Karen Cymbalisky	306-374-4672
Newsletter Co-Editor	Linda Ashley	306-955-2498
Newsletter Co-Editor	Susan Livingstone	306-477-0123
Program Co-Chair	Freda Robinson	306-374-6722
Program Co-Chair	Peter Stroh	306-374-3543
PR/Resolutions Co-Chair	Margaret Martin	306-373-4433
Co-Chair	Randall Danyliw	306-249-4494
Registration Co-Chair	Donna Rolston	306-249-4547
Registration Co-Chair	Jocelyne Lorette	306-382-3423
Social Co-Chair	Cecile Martell	306-934-5849
Social Co-Chair	Corinne Sturby	306-955-9008
STS Liaison	Jane Isinger	306-933-2927
STS Liaison	Fred Herron	306-374-7265
Support Services Liaison	Elaine Broughton	306-242-3205
Telephoning Co-Chair	Leslie Sichelto	306-477-2839
Telephoning Co-Chair	Lois Pyne	306-978-8248
Visiting Co-Chair	Pat Orchard	306-373-9905
Visiting Co-Chair	Gladys Somerville	306-242-6668
Website/Mail Labeling	Irma Kittelson	306-934-0881

### Ad Hoc Mission/Vision/Goals/Objectives Committee:

Jane Isinger, Corinne Sturby

### Ad Hoc Editorial Committee:

Margaret Martin, Irma Kittelson, Loretta Metzger

### Photographer for 2015-16:

Stella Shulhan

### Provincial Executive Members from Saskatoon Chapter:

ACER-CART	Fred Herron
Member At Large	Jane Isinger
Executive Secretary	Fred Herron

## Email Alert!

If you requested but have not received your email notices of monthly meetings and events, they may be in the SPAM or JUNK box on your server's site. To retrieve an email, open the JUNK box, click on the email, then click on Not Junk and it will go to your inbox. Add the STS email address (stsmoonthlynews@gmail.com) to your Contacts list and future notices will go to your inbox.

If you wish to change from phone reminders to email reminders, contact either Bonnie Semenoff at bobosem@shaw.ca or Roland Nordick at rwgn@sasktel.net. Also, please notify them of any changes to your email address.

## The Voice

This newsletter is the first of three publications of *The Voice* for the 2015-16 year. Submissions of interest to Chapter members are encouraged. Your articles about travel destinations, activities, special events, creative writing and tips for retired living are suggestions.

The next *Voice* deadline for submissions is **December 2, 2015** to **Linda Ashley** at [l.ashley@sasktel.net](mailto:l.ashley@sasktel.net).

If you wish to access past issues of *The Voice* go to [www.sts.sk.ca/saskatoon/newsletter/index.html](http://www.sts.sk.ca/saskatoon/newsletter/index.html).

## Web Page/Mailing

*The Voice* is usually posted on the Saskatoon Chapter web page before you receive your copy in the mail. To comment on the website, to change to reading *The Voice* online only, or if there is an error in your name or address, **please contact Irma Kittelson** at [ijkitt@sasktel.net](mailto:ijkitt@sasktel.net) or 306-934-0881. **If your address has changed or will be changing, please inform Irma as soon as possible.**

## Support Services Website

The information-packed Support Services website created by the Provincial STS may be accessed at: [www.sts.sk.ca/support\\_services/index.htm](http://www.sts.sk.ca/support_services/index.htm) or contact Elaine at 306-242-3205.