

President's Message



As I write this message the sun is shining and the snow is nearly gone. I am sure you are all looking forward to warmer days, as I understand that it was a very cold winter. I had the good fortune to be able to spend nearly three months, from January 10 to April 5, travelling throughout Australia, New Zealand, the Cook Islands and Fiji.

I actually get very little sympathy when I tell people that temperatures in Adelaide were 40 plus degrees. The day it reached 47 degrees it was the hottest place on earth. However, I am very glad to be home. Each time I travel I learn to appreciate our wonderful country even more.

I certainly would not have had the flexibility to travel if it were not for an Executive that willingly takes on the responsibilities of those who are away. Several years ago we moved to having Co-Chairs for most of our positions. The Inner Executive also consists of First and Second Vice Presidents, as well as positions of Assistant Secretary and Assistant Treasurer. This allows people to get involved and still have the opportunity to travel. I would like to offer a very special thank you to Daryl Nordick, Bernice Schindelka, and Irma Kittelson for assuming my duties while I was away and to the rest of the Executive for the dedication you have to our organization.

This is the time of year when we are preparing our list of nominations to fill vacant Executive positions for the 2014-15 year. If you would be interested in getting involved, please contact me. It is a great way to give back to your organization and to stay current on issues of importance to all superannuates.

An important recent issue is the expiry of the Canada Health Accord on March 31, 2014. It is essential that each of our members becomes aware of what the Health Accord contained and what implications the expiration will have on health care in Canada. Detailed information can be found on the Health Canada Website (www.hc-sc.gc.ca).

In preparation for the May 13-15, 2014, Provincial STS Annual General Meeting, our Chapter holds a pre AGM Delegate in-service to assist our 40 Delegates to become knowledgeable about the resolutions that have been put forth this year. These 40 Delegates represent our 2,297 Chapter members. The resolutions were published in the March/April edition of *Outreach*. The next *Outreach* edition will have a complete report on the AGM.

Providing social opportunities is also an important goal of our organization. The next big event will be the annual June Luncheon held at the WDM on June 11, 2014. This is a popular event so please get your tickets early. Tickets are available from all Executive members, at our Chapter meetings, and from the Provincial STS Office between 9 a.m. and 12 p.m. Cost per ticket is \$20. Socializing begins at 11 a.m. with the luncheon starting at noon. This is an excellent opportunity to renew old friendships and make new ones. We hope to see you there.

Please mark your calendars for the upcoming fall events. The annual Fall Breakfast to welcome new superannuates will be held on September 10, 2014. Tickets will soon be available. Our October Wine and Cheese Evening Social will be held on October 15, 2014.

This year we have four members leaving the Executive. A very special thank you goes to Alicia Klopoushak, Carol Roberts, Karen Cymbalisky, and Gary Gullickson. Your contributions to the Saskatoon Chapter have been appreciated, and you will be missed. Good luck in all your future endeavors.

My first year as President has been an interesting learning experience. I am looking forward to serving you again next year. Please contact me or any member of our Executive if you have any questions or concerns, and don't forget to check out our website at www.sts.sk.ca/saskatoon/index.htm.

Have a wonderful spring and summer!

Jane Isinger
STS President Saskatoon

STS/STF Liaison Report

Margaret Martin

As over 10,300 STS members welcome spring and hopefully soon, summer in Canada, your eight STS Councillors gathered to discuss and vote on the 42 Resolutions and three Notices of Motion that were submitted to the Saskatchewan Teachers' Federation by the Local Associations of the STF. One Notice of Motion dealt with changes to the Saskatchewan Teachers' Retirement Plan for service beyond June 30, 2015. It is important to note that **"Benefits earned prior to July 1, 2015 will not be reduced by the proposed pension plan changes."** These discussions and the voting were a part of the STF

Annual Meeting of Council held in Saskatoon April 30 to May 3, 2014.

STS Delegates from our 43 Chapters also discussed and voted on the resolutions submitted to the STS 41st Annual General Meeting. This meeting was held at the Travelodge Hotel in Saskatoon on May 13-15, 2014. This AGM provided information to Chapter Delegates, entertainment for their enjoyment, and some opportunities for interest sessions too. Please check your March-April, 2014 issue of *OUTREACH* to note the resolutions which were discussed at this AGM.

Future meeting dates for 2014 ... MARK YOUR CALENDARS

All meetings will be held at the STF Building, except the June Luncheon which will be held at the Western Development Museum. Luncheon tickets are available from any Executive member. Tickets can also be purchased at the downstairs office (STF Building) from Colleen or Heather, Monday to Friday from 9 a.m. - 12 p.m.

May 21, 2014 – 1:30 p.m. Program and Elections

June 11, 2014 – Noon Luncheon at the WDM

All STS Events and Meetings are Scent Free!



Card Committee

Please email or telephone Bev Pacholik or Marie Grimsen if you know of a Saskatoon Chapter member who would benefit from receiving a *Sympathy, Congratulations, Thinking of You, Thank You, Speedy Recovery* or *Special Occasion* (such as a milestone birthday or anniversary) card. We are also able to send out *electronic greeting cards* upon request if that request is accompanied by an email address.

Contact: **Bev Pacholik**
bpacholik@shaw.ca
306-978-7155

Marie Grimsen
ggrimsen@sasktel.net



Volunteers Wanted!

The Canadian Diabetes Association is looking for administrative, presentation, display and community outreach volunteers! Daytime availability is preferred, hours are flexible.

For more information or to apply please contact:

Kelly Lambkin, Volunteer Engagement Manager at
kelly.lambkin@diabetes.ca

Canadian Diabetes Association
Saskatoon Leadership Centre
104 - 2301 Avenue C North
Saskatoon, SK S7L 5Z5
Telephone: 306-933-1238 Ext 228

Or call Lauren Suchan at 306-933-1238 Ext 228.

Vacant STS Executive Positions

Each year, our Chapter seeks individuals who would like to become more involved in their local Chapter of retired teachers.

Some common myths are that:

- I don't know enough (or any) people from the Chapter
- I don't know enough to be on the Executive
- I didn't teach in Saskatoon so I wouldn't be eligible or fit in, and
- They must have lots of people who want to run for positions

None of these are true.

Becoming more involved is an excellent way to meet people. No one knows everyone. It's a big Chapter!

We all are or were new to the world of retirement, so all you need to bring with you is your willingness and enthusiasm.

There are a significant number of people who retire and move to Saskatoon as their retirement location. Our current Executive has a number of out-of-towners who have made Saskatoon and the Saskatoon Chapter their new home. Furthermore, the Chapter is made up of teachers from Saskatoon Public, Saskatoon Catholic, and Prairie Spirit, so it already is eclectic in its membership. You'd fit right in!

As in any organization, many are called but few are willing. Being on the Executive is something you can do to meet people, occupy and energize yourself in retirement, and give a little back to your fellow teachers.

Although we always welcome involvement from our members (there's always a committee willing to accept you), during the current round of elections, we need to fill three positions in particular. Most of our positions are shared; that is, there are two Co-chairs. This shares the responsibilities, ensures that you're not working alone, and makes it easier to take those winter trips. Of course your vacation plans come first! You're retired!

There is a possibility that one or more of these positions still are open.

1. **Registration Co-chair:** Arranges for registration at meetings, and records attendance.
2. **Treasurer Assistant:** Assists in keeping our financial records, pays the bills, receives all monies, and prepares the financial statements. (Some knowledge of bookkeeping would be a benefit.)
3. **Second Vice-President:** Arranges for entertainment at luncheons (2) and Chapter Socials (2), and fills in for the First Vice-President. The hope of the organization is that the Second VP would seriously consider moving into the position of First VP, and eventually President.

If you are interested in whether or not one of these positions still is available, or interested in more information of any nature, full descriptions of all positions, the entire Constitution of the Saskatoon Chapter, and lots more information can be found on our website. Go to www.sts.sk.ca/saskatoon/index.htm or contact us by phone or mail at one of the following:

Saskatoon Chapter
2325 Preston Ave
PO Box 23016 Market Mall
Saskatoon SK S7J 5H3
Email: sts.saskatoon@gmail.com

Jane Isinger (President)
Email: jisinger@sasktel.net
Tel: 306-933-2927

Daryl Nordick (1st Vice-President)
Email: nordick@sasktel.net
Tel: 306-477-5160

Peter Stroh (Past-President)
Email: peterstroh@sasktel.net
Tel: 306-374-3543

Attention! Volunteer Opportunities!

Are you looking for volunteer opportunities?

Do you want to advertise in search of volunteers?

The Voice is receiving an increased volume of requests for advertising for volunteers. Because we are a small publication we cannot print them all, so, at a recent meeting, we made the decision to put these advertisements on our webpage.

We encourage you to post and/or search for volunteer opportunities online.

To view our website, go to www.sts.sk.ca/saskatoon.

Submit items to be posted to Irma Kittelson at ijkitt@sasktel.net or 306-934-0881.

Book Reviews for Bookworms

The Language of Flowers by Vanessa Diffenbaugh

After our long winter, are you looking forward to sunshine and planting flowers? This novel not only explains the intricate meanings of flowers, but the reader is given insight into the difficult life of being a foster child, of being homeless, and of experiencing the rewards of starting a successful small business involving flowers.

The Power of WHY by Amanda Lang

Lang, a financial correspondent for CBC and the daughter of former cabinet minister Otto Lang, writes a provocative and thought provoking book. She uses many references to the education system making it interesting to former teachers.

A Settling of Accounts by Doug Schmeiser

(a Saskatonian and former Dean of Law)

This book, light fiction with several unexpected twists, is good for bed time reading.

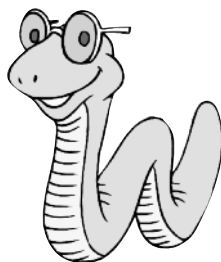
V.I. Warshawski by Sara Paretsky

V.I. was trained as a lawyer but is working as a P.I. in Chicago. A series, the first few books take place back in the dark ages before computers and cell phones were commonplace, (AKA the 1980s), then move along into current times. Each book would stand alone, but I love following the progression in a series of books with the same main characters.

February by Lisa Moore

This story is about a woman's grief and struggle with life after the death of her husband, Cal, who dies in the Ocean Ranger disaster, just off the coast of Newfoundland.

Have you read a great book lately? Summarize it in one or two sentences then email your report to livingstone@sasktel.net



Visiting Committee Report



During 2013-14, fifteen volunteers have visited superannuates who are confined to their homes or to one of the hospitals. The visits are always welcomed, with friendship and happiness being positive outcomes of the time spent together.

Sincere thanks go to the following volunteers:

Home Visitors:

Bill Bender, Joan Caruk, Lorraine Friesen, Marie Hammer, Gerry Hoehn, Joyce Kimber Parent, Esther Molina, Pat Orchard, Elaine Panchuk, Stella Shulhan, Gladys Somerville, Corinne Sturby, Norma Wilson, Rose Yaworski.

Hospital Visitors:

Aldean Glass – City Hospital
Joyce Kimber Parent – Royal University Hospital
Esther Molina – St. Paul's Hospital

Do you know of an individual who would benefit from a visit? Please inform us and arrangements can be made.

Also, visitors are always appreciated! It only takes a small amount of time to bring a smile to a deserving superannuate!

"Happiness seems made to be shared."

– Pierre Corneille

Visiting Committee Co-Chairs:

Pat Orchard 306-373-9905
Stella Shulhan 306-242-9411

Mount Royal Collegiate

Class of 1964

50th Reunion



June 20-22, 2014
Saskatoon, Saskatchewan
Contact Wendy or Grant
Phone: 306-934-1586
Email: thnatiuk@sasktel.net

What's New at SCOA?

Making Scrapbook Memories

Tuesday, May 27, 2014; 1:30-4 p.m. – a new art workshop with instructor Gisele Bauche.

Pictures say a thousand words. Gather your photos and memorabilia and come have fun! Enrolment limited. Bring your own photos and scrapbook paper; additional supplies provided.

Cost is \$20.

SCOA's Annual General Meeting

Thursday, May 29, 2014 – 1:30 p.m.
Saskatoon, Field House – Room 2, Second Floor

Business meeting followed by refreshments and panel presentations on Lifelong Learning programs, Age-friendly Saskatoon Initiative, SCOA's eHub website, Saskatoon Seniors' Globe Walk.

FREE Positive Aging Drop-in Program

(PLEASE NOTE: SCOA's Drop-in Program and Blood Pressure Clinic have combined to become the Positive Aging Drop-in Program)

9 a.m.-Noon: blood pressure, interactive display and refreshments

- Monday, May 26, 2014 – 10-11 a.m.
 - May Flowers
 - Interactive Display: Staying on Your Feet
- Monday, June 23, 2014 – 10-11 a.m.
 - Summer Celebration Social
 - Interactive Display: Heart and Stroke Foundation

Technology Courses

Facebook, iPad and iPhone will be offered at various times.

Phone the SCOA at 306-652-2255 or visit our website www.scoa.ca for more information, for updates, or to register.

Thanks from the Social Committee

Corinne Sturby and I wish to extend a sincere thanks to all who, throughout this season, volunteered to help in the preparation of food and the cleanup after our social events. Without your help it would be difficult to fulfill our obligations. The couple of hours that you provided are certainly appreciated. We enjoyed meeting you and we hope that you also enjoyed being able to serve and be part of our organization.

We encourage you to consider volunteering again and of course, we ask that you invite your friends to do likewise. Corinne and I have agreed to serve another year as co-hosts of the social committee. We will continue to organize as long as we have your help. Once again, thank you.

Cecile Martell

Buena Vista School Celebrating 100 years with three-day event

2014 marks the 100th anniversary of Buena Vista School. To celebrate, the school community will be marking the occasion with a three-day celebration. Special invitations are extended to current and former students, teachers, and members of the Buena Vista neighbourhood.

You're invited!

Program is for May 23 and 24, 2014. School tours are available on Thursday, May 22. For more information and to register, please email the school at: buenavistaschool@spsd.sk.ca.



Postal costs are rising!

Please consider reading *The Voice* online.

Contact Irma K. if you wish to change. ijkitt@sasktel.net

Activities

Co-Chairs: Bill Meger and Loretta Metzger

STS Activities for 2014

Call Loretta at 306-382-6769 or email metzgerl@shaw.ca if you are interested in any of the following activities:

June 5, Thursday – 10-11 a.m. Tour Tierra Del Sol – This flower market garden is located on Valley Road on the right hand side just before the sod farm. If you get to the Strawberry Ranch you have gone too far! Following the tour, we will have lunch somewhere on 20th Street. This garden is in a field, the terrain is rough and, as yet, there are no public washroom facilities. Cost is \$5. Call or email Loretta by May 30. For more information see their website: www.tdsfarms.biz

September 4, Thursday – The Flowers of Dellwood Creek – Located near Burr, this drive takes about 1.5 hours. Plan to leave at 10:00 and bring a picnic lunch. We will eat lunch in the gardens then take an hour tour of the gardens. This will be followed by a paper-making demo where we each pull a sheet of paper. Cost is \$15. Transportation is for you to arrange but we may leave from a common starting point. Call or email Loretta by August 27. See their website: www.dellwoodcreek.com.

Golfing

Spring Texas Scramble

June 18 – at the Delisle Golf Course – this event starts at 9 a.m. Entry fees are \$16, plus cart rental. Please bring a small golf prize for the presentations. Arrangements are being made to have lunch in Delisle. Registration deadline is Saturday, June 14. Contact Bill at 306-249-1329 or email wmeger@sasktel.net.



Bowlers Wanted!

We're seeking **BOWLERS** for the 2014-2015 season.

Bowling begins on September 2, 2014 and ends on April 21, 2015.

We are flexible for Snowbirds!

We bowl on Tuesdays at 1:30 p.m.

We socialize, exercise and have a great time.

You don't have to be a teacher or a pro to bowl with us.

Recruit a new bowler and Eastview Bowl will gift you with \$50.

(The new bowler must stay with the league for eight weeks.)

Call: Terry Manley at 306-343-6297 or

Cecile Martell at 306-934-5849.



55 Alive Driver Refresher Course

September 25 & 26, 2014 • 10a.m.- 4p.m. • Eamer Auditorium

This Course is sponsored by the Saskatoon & District Safety Council, and is free to anyone over the age of fifty. The course covers a wide range of topics that will make you more aware of traffic laws, and the skills needed to drive safely in our community. Check out the 55 Alive Driver Refresher Course's website for detailed information. Contact Bill at 306-249-1329, or wmeger@sasktel.net.

Are you a retired preschool/primary teacher?
Do you love singing and nurturing little ones?

You may be a great candidate for working as a Nurturing with Rhymes leader.

For more information call Sharon Bāby at 306-242-6036 or email sbaby@sasktel.net

Please see our website for more information about the program: www.nurturingwithrhymes.tumblr.com

Making a Difference

Abbeyfield House for seniors is managed by a team of volunteer board members. Here is an opportunity to give back and make a positive difference in seniors' living. We are calling for nominations to our board and for volunteers.

For more information and a tour:
Phone 306-934-0036 House Manager
Visit our website: www.AbbeyfieldSaskatoon.ca



2015 Saskatoon Chapter Directory

- The STS Saskatoon Chapter Directory will be issued early in 2015.
- Due to the ever increasing cost of printing and mailing, the directory will be available only upon member request.
- Please email your request to the Saskatoon Chapter at sts.saskatoon@gmail.com or complete and mail the form below. There is a request link on the chapter website as well.
- **October 31, 2014** is the deadline for directory requests.
- ***If you do not want your name, address and/or phone number to be listed in the directory please complete the form below and mail to the address listed.**
- When the Directory is available, Chapter members who reside in the city will be requested to pick up a copy at a location to be determined. Several pickup dates and times in late winter and spring will be announced and the Directory will be available at specific Chapter meetings and special events. City residents who are unable to pick up a Directory in person are asked to have a friend or family member do so.



I would like to receive a copy of the 2015 Saskatoon Chapter Directory.

Name _____

Address _____

Postal Code _____ Phone _____

Email _____

Please mail to: Carol Shanner
11 Lindsay Drive
Saskatoon, SK S7H 3C9

I do not wish to have the following information listed in the 2015 Directory:

Name Address Phone Number

Name _____

Address _____

Postal Code _____ Phone _____

Email _____

Please mail to: Carol Shanner
11 Lindsay Drive
Saskatoon, SK S7H 3C9

2013-14 Saskatoon STS Chapter Executive

President	Jane Isinger	306-933-2927
Past President	Peter Stroh	306-374-3543
First Vice President	Daryl Nordick	306-477-5160
Second Vice President	Bernice Shindelka	306-249-1555
Secretary	Joan Caruk	306-384-6321
Secretary Assistant	Diane Selby	306-373-0080
Treasurer	Judy Pidskalny	306-955-0026
Treasurer Assistant	Karen Cymbalysty	306-374-4672

Standing Committees

Membership/Directory		
Co-Chair	Gary Gullickson	306-933-0126
Co-Chair	Carol Shanner	306-374-8415
Program Co-Chair	Freda Robinson	306-374-6722
Program Co-Chair	Irma Byblow	306-242-2193
Telephoning Co-Chair	Leslie Sichelto	306-477-2839
Telephoning Co-Chair	Lois Pyne	306-978-8248
Registration Co-Chair	Alicia Klopoushak	306-242-2753
Registration Co-Chair	Donna Rolston	306-249-4547
Visiting Co-Chair	Pat Orchard	306-373-9905
Visiting Co-Chair	Stella Shulhan	306-242-9411
Member Recognition	Peter Stroh	306-374-3543
Member Recognition	Phyllis Wilson	306-979-0684
Social Co-Chair	Cecile Martell	306-934-5849
Social Co-Chair	Corinne Sturby	306-955-9008
Activities Co-Chair	Bill Meger	306-249-1329
Activities Co-Chair	Loretta Metzger	306-382-6769
Archives	Carol Roberts	306-343-0937
Cards Co-Chair	Marie Grimsen	306-244-2454
Cards Co-Chair	Bev Pacholik	306-978-7155
PR/Resolutions		
Co-Chair	Margaret Martin	306-373-4433
Co-Chair	Randall Danyliw	306-249-4494
Newsletter Editor	Susan Livingstone	306-477-0123
Newsletter Asst. Editor	Linda Ashley	306-955-2498
Email Co-Chair	Judith Luciuk	306-477-0059
Email Co-Chair	Gladys Somerville	306-242-6668
Database/Website	Irma Kittelson	306-934-0881
Support Services Liaison	Elaine Broughton	306-242-3205

Ad Hoc Mission/Vision/Goals/Objectives Committee:

Jane Isinger, Sadie Urban, Corinne Sturby

Ad Hoc Editorial Committee:

Margaret Martin, Irma Kittelson, Daryl Nordick

Provincial Executive Members from Saskatoon Chapter:

Past President	Margaret Martin
ACER-CART	George Georget
Councillor	Jerry Mamer
Member At Large	Elaine Broughton
Executive Secretary	Fred Herron

Email Alert!

If you requested but have not received your email notices of monthly meetings and events, they may be in your SPAM or JUNK box. To retrieve an email, open the JUNK box, click on the email, then click on Not Junk and it will go to your inbox. Add the STS email address (stsmothlynews@gmail.com) to your Contacts list and future notices will go to your inbox.

If you wish to change from phone reminders to email reminders, contact Judy Luciuk at jluciuk@sasktel.net. Also, please notify Judy of any changes to your email address.

The Voice

This newsletter is the third of three publications of *The Voice* for the 2013-14 year. Submissions of interest to Chapter members are encouraged. Your articles about travel destinations, activities, special events, creative writing and tips for retired living are suggestions.

The next *Voice* deadline for submissions is **June 30, 2014** to Susan Livingstone at livingstone@sasktel.net .

If you wish to access past issues of *The Voice* go to www.sts.sk.ca/saskatoon/newsletter/index.html.

Web Page/Mailing

The Voice is usually posted on the Saskatoon Chapter web page before you receive your copy in the mail. To comment on the website, to change to reading *The Voice* online only, or if there is an error in your name or address, **please contact Irma Kittelson** at ijkitt@sasktel.net or 306-934-0881. **If your address has changed or will be changing, please inform Irma as soon as possible.**

Support Services Website

The information-packed Support Services website created by the Provincial STS may be accessed at: www.sts.sk.ca/support_services/index.htm or contact Elaine at 306-242-3205.