

# THE Voice

VOLUME 16 NO. 3  
SPRING 2009

SUPERANNUATED TEACHERS OF SASKATCHEWAN — SASKATOON CHAPTER

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## President's Message



I am hoping that 2009 is a Happy New Year for you and your family. Wishes go out for good health and a hope that the economy doesn't affect you and your family in a negative manner. For some this down turn in the economy provides an opportunity to travel.

A number of persons have congratulated me on my Honorary Life Membership Award that was received at the Christmas Banquet. Thank you for coming to speak to me, for the e-mails and for the cards. Your congratulatory comments and messages were greatly appreciated.

As President, I will be presenting at the pre-retirement seminars. The four sessions are scheduled for February, March and April at the STF Building in the Eamer Auditorium. New superannuates will be invited to attend the Fall Welcoming Breakfast on Wednesday, September 9, 2009.

We are so fortunate to have the STF, the STS Provincial, the TCU Financial Group and the Chapter President presenting to new and upcoming superannuates at the same session. These pre-retirement seminars are so valuable.

The Constitution, Bylaws and Guidelines Committee (Sadie Urban, Stella Shulhan) have been busy updating our Bylaws and Guidelines. We are looking at adding a section on Recognition of Other Active Service to the Chapter. We are currently carrying out some of this, for example, in Telephoning and Visiting but are considering possibly of expanding this area.

Doreen Kerby, the Resolutions Chairperson has been away. If there are any further Resolutions please present them or forward them on to me. You may also submit them on the appropriate Submission of Resolutions form to the STS Office for Robert Wuschenny, Chair of the Provincial Resolutions Committee. Chapter delegates from across the province will be voting on the Resolutions put forth at the Annual General Meeting (AGM).

The information package for the Annual General Meeting (AGM) held in Saskatoon at the Travelodge on May 12, 13, and 14 should arrive to the 37 or 38 (to be determined) Saskatoon Chapter delegates by the end of March or early April. The packages include pre-registration and hotel registration information for the AGM and are sent out early to allow for delegates to make their arrangements. Delegates please submit the required forms by the deadline to the STS Office located downstairs at the STF Building to Colleen Bailey or Heather Hase.

This year's AGM interest session topics are:

- "About Teaching" an interesting reading – Robert Currie-Poet-laureate of Saskatchewan
- Care to Care – Dr. Dale Dewar
- Dealing with Fraud and the Power of Attorney – Sharlene Lesperance (TCU Financial Group)
- Laughter Yoga – Pastor Darlene Harrison
- Saskatchewan Tourism – Roxanne Young

Stella Shulhan  
President



## Back to Boom Town June Luncheon

Wednesday, June 10, 2009

Socializing 11:00-12:00 / Lunch 12 Noon  
Butler Byers Century Hall  
Western Development Museum, Saskatoon

**\$20.00**



Tickets available until May 30 from Executive members  
June 1-4 at the STF reception, or Esther Molina (955-3810)

# First Vice President

Irma Kittelson

Happy New Year to everyone!! With this issue of *The Voice* you are also receiving the 2009 edition of our Chapter Membership Directory. We owe a debt of thanks to Marion Kimberley and Terry Manley for the hours of work they put into the production and proofreading of this publication. The *Directory* and *The Voice* are the two most significant cost items for our chapter, and we hope you are able to make use of them in your day to day life.

There has been a change of entertainment for the March chapter meeting. We are now looking forward to being entertained by the Living Room Blue Grass Band. Thanks to Peter Stroh, who scrambled to get this rearranged just before leaving on a Hawaiian holiday. We hope to see a great turn out for this **evening meeting**.

Tickets will be available in March for the June 10 luncheon. We are calling it "Back to Boomtown" as we are returning to the WDM for this event. Please get your tickets in advance. There are some new displays in the museum and your entrance is included with the price of your luncheon ticket.

Soon we will be looking forward to spring, after another brutally cold winter. Living in Saskatchewan in winter is certainly not for sissies. My husband and I had the good fortune to miss the record setting January temperatures in Saskatoon, but it sure made for good south Texas conversation when we mentioned the -57° temperatures back home.

## Chapter Archives

Sadie Urban

As our chapter grows and develops, it becomes increasingly important to maintain a record of the Chapter's history. Business and Chapter activities are well documented, and form the backbone of our archives, but what really enriches and adds depth and interest to the archives is information about our members. We would be more than happy to include such information in our archives, with the focus on the member as a superannuate – what retirement has brought, what activities, tributes, accomplishments have been experienced. Please help us by submitting any pertinent materials to any member of the Executive, or to Sadie Urban at 343-6451, or [s.urban@sasktel.net](mailto:s.urban@sasktel.net).

## STS/STF Liaison Report

Margaret Martin

The Provincial STS Executive will meet on March 16 and 17, 2009 followed by the AGM on May 12-14, 2009.

There are many STS provincial activities being hosted by local Chapters this year: Bowling hosted by the Prince Albert Chapter on April 30 and May 1, 2009, Golf hosted by the Midlakes Chapter in Craik and Davidson on June 15-16, 2009, Fishing hosted by the Moosomin Chapter on July 2, 2009, as well as, Bridge hosted by the Saskatoon Chapter on October 23-24, 2009. If you are interested in participating in any of these activities or any others being planned please check *Outreach* for the contact information.

The 76th Annual Meeting of Council of the Saskatchewan Teachers' Federation is planned for April 22-25, 2009 in Saskatoon. Eight STS Councillors will attend to be participants at all sessions.

Seventeen Pre-Retirement Seminars are being planned by the STF to take place at many locations throughout the province during February and March, 2009. STS Executive members have been invited to bring greetings to participants on behalf of the Superannuated Teachers of Saskatchewan.

Please send a copy of your letter confirming that you have coverage from the Saskatchewan Seniors' Drug Plan to the STS Office as soon as you receive it. This applies to all 65+ year old STS members who are also Extended Health Plan members.

## Delegates Required

**Annual General Meeting STS  
May 12-14 2009, Saskatoon**

The Saskatoon Chapter of the Superannuated Teachers of Saskatchewan anticipates that they will require additional delegates for the AGM. Delegates will be expected to attend all of the sessions and to participate in discussions on resolutions and to vote on resolutions. If you are interested in being a delegate and if you would like to play a role in the future of your organization or if you would like more information please contact Faye Kunkel at [fkunkel@sasktel.net](mailto:fkunkel@sasktel.net) as soon as possible.

# Social Committee Report

Cecile Martell

Happy New Year to all! How time flies by! Already we are in the third month of 2009. But I must go back to December 2008. We had a wonderful turn out at our Christmas banquet. Everyone was in a joyous and celebrating mood. The food was good, the entertainment permitted us to tap our toes and many were lucky to be chosen to receive a door prize. Door prizes were won by the following: Linda Ashley, Ann Tracey, Sandy Nelson, Elin Sletmoen, John Golonko, Erika McCallum, Linda Kolynchuk, Marilyn Wall, Stella Shulhan, Stu Forrester, Kathy Guenther and Aldean Glass. A special thanks goes to those who graciously donated the door prizes. They were: TCU Financial, Elsie Sedgwick, Diane Selby, Fabutan, The Travelodge and Doug Porteous.

I wish to thank all those who braved the January weather to attend our monthly Chapter meeting. For sure you won't want to miss the March wine and cheese. The entertainment and visiting are always enjoyed by those who attend.

Thank you to the many volunteers who have come forward to help with making lunch for the Chapter meetings. It is so good to have help and you don't know how much Corrine and I enjoy meeting new people. We must say that your input and culinary skills are greatly appreciated.

## Web Page/Mailing

Willmer Willems

The Chapter newsletter *The Voice* is posted on our web page, generally about five or six days before you will receive your copy in the mail.

If you wish to save a tree and read it only on the web page, please contact me to remove your name from the mailing list.

If you will be moving to a new address, kindly inform me as soon as you have the new address and moving date. E-mail your address change to [wfwillems@sasktel.net](mailto:wfwillems@sasktel.net)



## Visiting Committee

Pat Orchard  
Stella Shulhan

During the Christmas season, 16 visits were made by the volunteers to homes of STS members who find it difficult to leave their homes. Holiday wishes were extended and gifts were presented on behalf of the STS Saskatoon Chapter members. Many thanks to the volunteer visitors. Your efforts are greatly appreciated by all.

Anyone who is interested in volunteering some time to cheer up a housebound STS member, please call Pat at 373-9905 or Stella at 242-9411.



# Chapter Meeting Dates for 2009

Freda Robinson – Program Chairperson

|           |          |                       |  |
|-----------|----------|-----------------------|--|
| Wednesday | March 11 | 7:00 p.m.             | Evening Social Wine and Cheese Entertainment “Living Room Blue Grass Band”<br>Come out and enjoy!!!  |
| Wednesday | April 8  | 1:30 p.m.             | Cecilia Jergens – local artist<br>The benefits and joy of expressing your creativity through art.  |
| Wednesday | May 6    | 1:30 p.m.             | Integrative Health Practices – Paul Buffel President of Natural Health Practitioners of Canada. Massage Therapist, Thai Yoga Massage practitioner. |
| Wednesday | June 10  | 11:00 a.m.<br>12 noon | Socializing<br>Back to Boomtown June Banquet –<br>at the Western Development Museum  |



## CARD Committee

Do you know of any STS Saskatoon Chapter Member who is grieving, ill, or celebrating a special occasion?

Our STS card committee would appreciate your help in keeping us informed.

Marie Grimsen 244-2454, or e-mail at [ggrimsen@sasktel.net](mailto:ggrimsen@sasktel.net)  
or  
Mary Anne Nicholson 374-5517 or e-mail at [m.a.n@shaw.ca](mailto:m.a.n@shaw.ca)

## Correction

In the November *Voice*, we credited Norma Anton with donating Mary Kay items as door prizes for the Curling Bonspiel – it was actually Karen Gauthier who donated the Mary Kay door prize. We would like to thank Karen again for contributing to the success of the Provincial Curling Bonspiel in early November.

## The Piano is Lonely!!!

Pianists needed for Chapter meetings.

If you are willing to share your talents by playing the piano for 15-20 minutes prior to chapter meetings, and then playing O Canada.

Please contact  
Peter Stroh  
at 374-3543



## 2009 Directory

Marion Kimberley

I would like to acknowledge Terry Manley's leadership in the preparation of the 2009 directory.

Terry is a long-standing member of the Saskatoon chapter and its executive. He recalls the past use of index cards to record member information and Terry was responsible for replacing this time-consuming method with a computer-based system.

As a new member to our chapter and executive, I rely on Terry's knowledge and experience and I greatly appreciate what he describes as his **behind the scenes support**. Last summer while I gave only fleeting thought to the new directory, Terry already had snapped a photo for the cover of the 2009 directory.

Terry, please continue your involvement in our chapter, routinely check your email and always keep your camera close at hand.

# Resolutions submitted to AGM by Saskatoon STS Chapter

1. **BE IT RESOLVED** that the STS urge the Canadian Association of Retired Teachers (ACER-CART) to request the Government of Canada to ensure that information on Canadian travelers to the USA be stored by Canadian Border Security Officials in Canada rather than US Border Security Authorities.

**BACKGROUND:** US Border Security Authorities wish to house Canadian travelers' information in the US. Information on Canadian travelers should be stored with Canadian security.

2. **BE IT RESOLVED** that the STS request the STF to negotiate changes to the TSP to provide 100% indexing of superannuation allowances.

**BACKGROUND:** At one time our pensions were fully indexed. This resolution calls for a return to full indexing. Several years ago during collective bargaining, the STF traded full indexing for other benefits such as "30 and out". Some government plans, e.g. federal government, do have full indexing. Annual resolutions to STF Council have requested a return to full indexing since it was traded away.

3. **BE IT RESOLVED** that the STS request the STF to negotiate changes to the TSP to provide 85% indexing of superannuation allowances effective January 1, 2010, 90% indexing effective January 1, 2011, 95% indexing effective January 1, 2012, and 100% indexing effective January 1, 2013.

**BACKGROUND:** Although the STS maintains the goal of full indexing, this resolution sets out intermediate steps in the return to full indexing. The next STF collective agreement will begin January 1, 2010.

4. **BE IT RESOLVED** that the STS request the STF to negotiate changes to the TSP to provide 100% indexing of the first \$30,000 of all superannuation allowances.

**BACKGROUND:** Although the STS maintains the goal of full indexing, this resolution sets out a partial return to full indexing until our goal is achieved. The provincial government currently uses an income limit for the provincial seniors' prescription drug plan.

5. **BE IT RESOLVED** that the STS request the STF to negotiate changes to the TSP to provide 80% indexing of superannuation allowances based on the Saskatchewan CPI or the Canadian CPI, whichever is highest.

**BACKGROUND:** Although the STS maintains the goal of full indexing, this resolution would result in a slight increase to our allowances during times such as the last few years

when the Saskatchewan CPI was higher than the Canadian CPI. Increases in our pensions are currently calculated on the Canadian CPI.

6. **BE IT RESOLVED** that the STS request the STF to negotiate changes to the TSP to provide 100% indexing of superannuation allowances for the term of the next STF Provincial Collective Agreement.

**BACKGROUND:** Although the STS maintains the goal of full indexing, this resolution would not tie the provincial government in perpetuity to full indexing. Full indexing would have been affordable by the government in the last few years during massive budget surpluses but would provide the opportunity to return to 80% indexing during depressed economic times

7. **BE IT RESOLVED** that the STS urge its health benefit insurance carrier, Saskatchewan Blue Cross, to add Sildenafil Citrate, Tadalafil, and Vardenafil to the formulary of drugs covered under the plan.

**BACKGROUND:** Our current plan does not reimburse these medications and excludes coverage for "conditions not detrimental to health". These drugs are commonly referred to by their trade names as Viagra, Cialis, and Levitra. Many other group plans (e.g. federal government) do provide coverage for these drugs and for the conditions which they treat. Our plan does not recognize modern conditions and treatment for conditions which are a fundamental part of overall health. Enlightened prescription drug coverage in this area would be beneficial to members. There are cost implications for these treatments with an example cost range of approximately \$70 for a one month prescription. Health benefit insurance carriers such as Blue Cross can and do make the determination of which drugs are covered for their formulary.

## Help Wanted !!!!

Your STS Chapter needs a newsletter editor for next year!!

Some computer skills and access to e-mail makes the job much easier.

If you are interested in joining our executive in this capacity, please give Irma Kittelson a call (934-0881).

# 2008 Honorary Life Member, Stella Shulhan

Nominated by Rose Yaworksi, presented by Lindsay Fast



Stella Shulhan receives her Life Membership from Lindsay Fast.



Stella Shulhan was accompanied by her sister, Jean Pickrell.

It is with great pleasure that I introduce to you Stella Shulhan, our President, who also wears many other “hats” within our organization. First of all her name Stella, means “Star of the Sea.” When you consider how often Stella has gone on cruises since we have known her, we can well understand her affinity to the sea. But, more important to us, Stella is the ‘Star’ in so many positions in the STS. On our Executive, she has served as: President, First Vice President, Second Vice President, Visiting Committee Chair and Co-Chair, and Support Services Liaison.

In addition to serving in these Executive positions, she has initiated and successfully carried out a number of projects and activities:

- donation of Teachers’ Bowling Trophies
- 2005 Provincial Bowling – put together the Welcome Package, the Silent Auction Event, purchasing and engraving trophies and medals
- representing the Saskatoon Chapter at Provincial Bowling Tournaments on three occasions, winning the STS Saskatoon Chapter Tournament Team Shield and the Florence Henderson Champion Trophy
- taking and submitting photos for *The Voice*, Archives, Memory Book, DVD, and *Outreach*

- obtaining door prizes for Christmas banquets, June luncheons, and the Welcoming Breakfast
- initiating the resolution that resulted in Provincial Support Services
- writing resolutions and working with the Resolutions Committee
- revising the Saskatoon Chapter Constitution, Bylaws and Guidelines with Sadie Urban
- giving pre-retirement seminar presentations
- presenting appreciation certificates to outgoing Executive members
- sending Christmas cards to volunteers who carried out hospital and shut in visits
- at year end, sending Thank You cards to all Executive members and throughout the year to those who donated prizes, for speakers and others for their services
- inviting new Executive members to the June meeting
- acknowledgment at the June Luncheon of Visiting, Telephoning, and Piano playing volunteers with group photos for *The Voice*

- visiting to three shut-ins over the past five years
- attending the AGM every year
- attracting new members to the Chapter and to the Executive
- attending milestone birthdays and noted funerals
- bowling at the local and provincial level
- golfing, playing horseshoes, playing Bocci, assisting the committees at the Provincial Curling, and organizing and decorating at the Fall Welcoming breakfast
- presenting flowers at the hospital for critically ill members

She is a very busy lady. Stella is generous, happy, and friendly. She fearlessly attacks projects with energy and efficiency. Thanks to Lindsay Fast for reading this tribute for me. Now, it is our great honour and pleasure to present to you, Stella Shulhan, our Star.

### Stella Shulhan's Response

I appreciate the honor that you have bestowed on me. Firstly, it is a privilege to be nominated and then indeed an honour to receive the Honorary Life Membership Award.

Thank you to Rose Yaworski, a good friend for writing your kind words in presenting this tribute, to Lindsay Fast for reading the tribute in Rose's absence due to her attendance at her grandson's wedding in Cuba and to Lindsay Fast and the STS Saskatoon Chapter Executive for their decision.

Since my retirement from Saskatchewan Valley School Division now known as Prairie Spirit in June 2002 to the present it has been my life goal to continue to enhance the lives of superannuated teachers at the local chapter level, the provincial level and the federal level.

It's my pleasure to serve as your President, Visiting Committee Co-chair and Support Services Liaison. The opportunity to provide leadership and service as First Vice-President, Second Vice-President, Visiting Committee Chair/Co-Chair and Support Services Liaison was a most rewarding and giving experience.

I'll continue to dedicate my service to our membership.

I accept this STS Honorary Life Membership award and dedicate this award to the involved and committed Executive members present and past in leadership roles and to you the members who support and participate in your own way to make the STS Saskatoon Chapter strong.

## Fall Welcome Breakfast

### Honouring New Superannuates

**Everyone Welcome!**

Wednesday, September 9, 2009  
at 9:30 a.m.

Eamer Auditorium  
(STF Building)

Advance Tickets Only



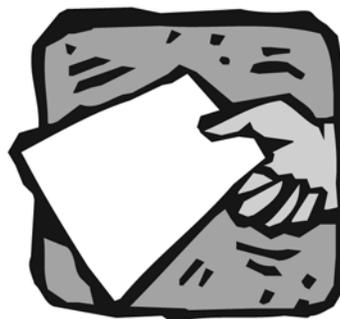
## Receipts for Membership Fees

The Chapter issues receipts for fees on a request basis only. If you require a receipt for your personal records or for income tax purposes, you may request one from the Treasurer at the address below. Please include a stamped self-addressed envelope with your request.

It is preferable that requests for receipts be submitted before December 31 of the year. Check with your tax preparer to determine if you need a receipt. In most cases the annual statement you receive from the Superannuation Commission in December is acceptable documentation.

Esther Molina  
Treasurer, STS Saskatoon Chapter  
317 - 930 Heritage View  
Saskatoon SK S7H 5S6  
Phone 306-955-3810

or Donna Rolston  
Asst. Treasurer, STS Saskatoon Chapter  
230 Wickendon Crescent  
Saskatoon SK S7N 3X5  
Phone 306-249-4547



# 2008 Honorary Life Member, Verne Alldred

Tribute by Dr. Jake Ens



Verne Alldred receives his Life Membership from Dr Jake Ens.



Verne Alldred was accompanied by his wife, Sandra.

We sometimes think of leaders as those who stand on the bridge of the ship and command the whole operation. There are also leaders who work behind the scenes to make sure the work gets done. Verne Alldred is the perfect example of the latter kind of leader – working quietly, persistently and effectively to build strong institutions and a better community.

Verne grew up in Redvers, Saskatchewan, getting his elementary and secondary education in the school there. Gordon Merryfield was one of his principals for at least eight years. Verne had not really considered going on to higher education, but at the urging of his older brother, he decided to go on to University.

Verne enrolled in the College of Physical Education at the University of Saskatchewan. Here began his long connection with wrestling. In his last three years, he was on the University team, winning at the Western Finals in the spring of 1965. Later the same year, he was a silver medalist at the Canadian Open Championship in Vancouver.

Following graduation, he began to referee wrestling regularly, eventually becoming the Head referee for Saskatchewan. He refereed across Canada at National competitions for the next six years, including work at the World Championship in 1972 and the Summer Olympics in Montreal in 1976.

He began teaching Rec. Tech at Kelsey in 1965. Then for the next three years, he was the Regional Consultant in Swift Current for the new Provincial Youth Agency.

While in Swift Current, he met Sandra, and they were married just before Christmas in 1968 – they will be celebrating their 40th anniversary in two weeks! Their son Dale is married to Blythe, and they have a son, Dante. Verne and Sandy are very proud grandparents.

We met in the fall of 1968, when he joined the Phys. Ed. Department at Walter Murray Collegiate in Saskatoon. Verne, Sandra, Barb and I have been good friends since then.

At Walter Murray, in addition to his teaching duties, he coached – football for 10 years, wrestling for at least 10 years, track and field for 20 years, soccer for a few years, then finally volleyball. For most of those years, he coached in all of the regular seasons, fall winter and spring – that's an average of two extra hours every day of the school year! For a lot of these years, he also continued as a wrestling referee. In his last seven years at Murray, he coordinated the Work Experience Program.

Verne retired from Walter Murray in the spring of 1997, and was immediately recruited by Lenore Streicker, to work with the Community Health Information Series Program in 2000. Verne took on the challenge of getting volunteer speakers. There were to be 48 Health Information Sessions, over an eight

week period, in three different locations. Over three years Verne had to find a grand total of 124 volunteers, all experts in their respective health field. This experience made him a natural for the position of program coordinator with STS.

He joined the Superannuated Teachers of Saskatchewan in Saskatoon, on retiring in 1977. He came onto the executive in 1999, and soon became second Vice-President. Here his duties included liaison with the program coordinator. In 2003, he moved into the role of program coordinator – organizing programs on a once per month basis must have felt like a vacation after organizing 48 in an eight week period!

In all of his work, as teacher, coach, official, executive member, and program coordinator, Verne consistently took on his tasks with persistence, a strong work ethic, and an amiable personality that enabled him to meet with, and enlist people to work in areas where help was needed.

Verne gave countless hours to his school and students as a teacher, and continued contributing long hours as a volunteer on the executive of the STS after retiring. I am pleased and proud to be his sponsor for this recognition of his work as a teacher and a superannuate. He is a deserving recipient of the honour being bestowed on him this afternoon.

### Verne Alldred's Response

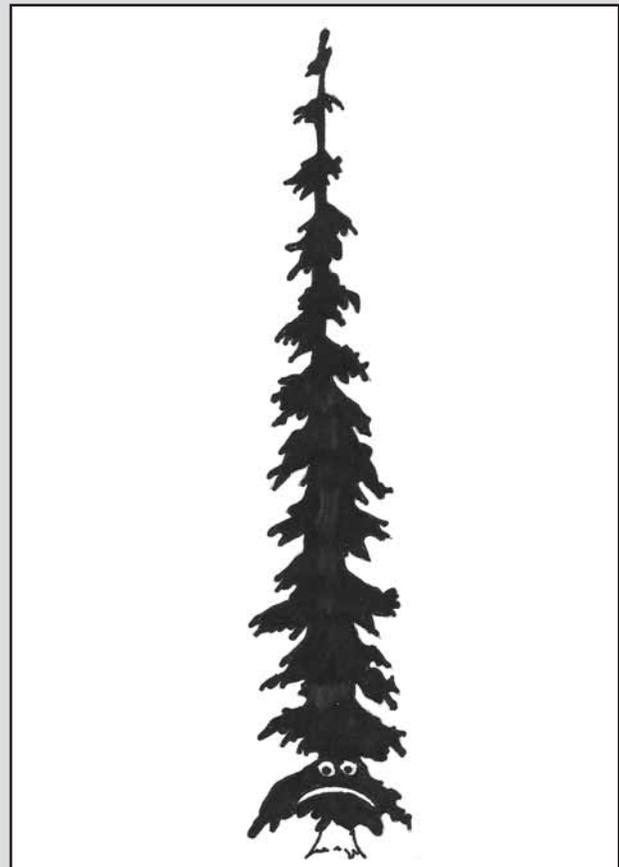
My intent with this response is to express thanks for the designation of a Life Time Membership with the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan. To that end, I first want to pay tribute to a close friend and colleague for many years, who most graciously made this presentation. Jake and I were staff members of Walter Murray Collegiate Institute for many years, each having a strong interest in physical activity and sports. Our paths crossed often for that reason. A special thanks to Dr. Jake Ens for his kind words and for accepting the task.

Then I wish to thank Lindsay Fast for the recognition that comes with a nomination such as this. Lindsay has been a real asset to our executive for the past six or seven years. I was pleased to propose Lindsay's name for the executive; which he accepted.

Lastly, thanks to all the executive members whom I've worked with for the past 10 or so years. It takes many hands to make such an organization successful. Again, many thanks.

## Did you know???

- Saskatoon chapter has over 1,800 members now?
- Four issues of *The Voice* are published each year.
- Only about 30 members have indicated they prefer to read *The Voice* online only.
- Many trees could be saved, and you could read *The Voice* several days earlier, if you read it online.
- Please contact Willmer Willems <wfwillems@sasktel.net> if you wish to read *The Voice* online and not receive a paper copy.



original art – Gar Grimsen

# Christmas Banquet

December 10, 2008 – Saskatoon Travelodge



Gary Gullickson played the prelude and O Canada.



Elin Sletmoen played for the carol singing.



The Paddlewheelers – Maurice Postnikoff, Wayne Salloum, and Doug Porteous – entertained.



The happy group at Christmas banquet.

# Poetry by Carl Krause

## Contemplating Retirement

I wish I knew  
just what and when's enough!

I opened up the skein in seven days,  
and fully stretched it out in months—  
and then in years and years  
I rolled and rolled it to a ball.

But have I done enough?

Perhaps I'll have another go,  
pick up another skein,  
a different shade perhaps,  
and wind and wind it round the tops  
of high-backed wooden chairs  
while mothers knit  
and babies cry  
and lovers sweat  
and elders sleep  
while life goes on.

And, then, again,  
perhaps, perhaps this once  
I'll let it be  
and say  
enough.

## Clearcutting

Like blades of grass they stand exposed  
To sun and wind; their ranks, once closed,  
Are broken wide, as knives, thrust deep,  
Have shorn the turf for storms to sweep.

Their stand has thinned where once in sway  
They sheltered one another's way,  
And urged each other, as in fun,  
To see who first could reach the sun.

No surfeit here, just straight and true  
In symbiotic rhythm, through  
Another layer, year by year;  
No time to waste, no threat, no fear.

But mutual dependencies  
Cannot secure our lives, as these,  
Who, once together, championed life,  
Have wrestled peril, wrestled strife.

This can't be part of nature's choice—  
To scald and burn, as if some vice  
Had lost its sense and chose to do  
Whatever thought it happened to.

There, surely, must be some mistake,  
As if these lives were there to take  
And cast on heaps of charred debris  
That eyes opaque can never see.

## E-mail

If you are not receiving e-mail notices of monthly meetings and events, but would like to receive them, please e-mail Judy Luciuk, [jluciuk@sasktel.net](mailto:jluciuk@sasktel.net). Please remember to e-mail Judy at any time if your e-mail address changes.

## *The Voice*

This newsletter is the third of four publications of *The Voice* for the 2008-09 year. Submissions of interest to Chapter members are encouraged – travel destinations or ideas, activities, special events, creative writing and tips for retirement living would be possibilities.

## *The Voice* Deadlines for 2009

May 4, 2009

Please contact Irma Kittelson at 934-0881 or e-mail submissions to [ijkitt@sasktel.net](mailto:ijkitt@sasktel.net). If you wish to access past issues of *The Voice* visit [www.sts.sk.ca/saskatoon/newsletter/index.htm](http://www.sts.sk.ca/saskatoon/newsletter/index.htm)

## Scent Alert

Because some of our members experience harsh and often debilitating reactions to strong scents, we ask your cooperation in not wearing perfumes, scented deodorants, or other scented grooming products to the meetings. We want everyone to be able to enjoy our get-togethers in comfort and good health.

## Support Services Website

The information packed Support Services website created by the provincial STS may be accessed at: [www.sts.sk.ca/support\\_services/index.htm](http://www.sts.sk.ca/support_services/index.htm)

